



MINI-RESIDENCY IN DENTAL SLEEP MEDICINE & TEMPOROMANDIBULAR JOINT DYSFUNCTION

Venue: Lakeside Conference Centre, Macquarie University
99 Talavera Rd, Macquarie Park NSW
Parking is complimentary

All sessions will start at 9am. (Registration starts from 8:30am.)
Lectures will finish by approximately 5pm, with case discussions to follow.

DID YOU KNOW?

- FACT 1** MOST TMD PROBLEMS HAVE BRUXISM AS A PART OF THEIR AETIOLOGY

- FACT 2** 1 IN 3 PATIENTS WHO PRESENT TO DENTISTS CAN POTENTIALLY HAVE A SLEEP AND/OR A TMD PROBLEM

- FACT 3** BRUXISM HAS BEEN LINKED TO SLEEP RELATED BREATHING DISORDER

- FACT 4** OCCLUSAL SPLINTS CAN POTENTIALLY WORSEN THEIR SLEEP BREATHING DISORDER AND YOU COULD SLOWLY BE SUFFOCATING YOUR PATIENTS

- FACT 5** SLEEP BREATHING DISORDERS IN KIDS CAN LEAD TO LEARNING DIFFICULTIES AND EFFECT GROWTH AND DEVELOPMENT (AS MOST HORMONES ARE PRODUCED DURING SLEEP)

- FACT 6** PEOPLE WITH FUNCTIONAL SYNDROMES SUCH AS FIBROMYALGIA, CHRONIC FATIGUE SYNDROME, IRRITABLE BOWEL SYNDROME ETC ALL HAVE AN UNDERLYING SLEEP BREATHING DISORDER.

- FACT 7** MELATONIN (THE SLEEP HORMONE) IS MADE FROM SEROTONIN (THE HAPPY HORMONE), SO IF ARE NOT HAPPY AND NOT SLEEPING WELL, ITS ALL LINKED AND CAN BE TREATED VERY EFFECTIVELY BY UNDERSTANDING NUTRITIONAL MEDICINE.

- FACT 8** 80% OF KIDS WITH ADHD ARE MISDIAGNOSED SLEEP BREATHING DISORDER KIDS

- FACT 9** SLEEP MEDICINE IS SUCH AN EASY SKILL TO LEARN AND IMPLEMENT IN YOUR PRACTICES.

- FACT 10** PATIENTS WHO SNORE CAN POTENTIALLY GET STROKES.

MEET OUR EXPERTS



DR MANISH SHAH

COSMETIC DENTIST, EXPERT
IN SLEEP MEDICINE & TMD

- B.D.S. (Hons) (Syd Uni.)
- MBBS
- MMED (Sleep Med)
- General medical practitioner
- General, implant, and cosmetic dentist
- Certified in TMJ & Craniofacial Pain Management



DR KENNETH LEE

PRINCIPAL LECTURER
FOR IAADENT

- Chair of Dental Science, Postgraduate Studies, Universitat Jaume I (Castellon)
- Chair of the Division of TMD, Dental AI Association (DAIA)
- Professor & Head of Orthodontics & Dentofacial Orthopaedics Postgraduate Studies, Universitat Jaume I (Castellon)
- Professor of Dental Implantology, Universitat Jaume I (Castellon)
- Editor in Chief for Stomatology Edu
- B.D.S (Syd Uni) , Grad. Dip of Health Sc. (Uni. W. Syd)
- Grad. Dip Clin Dent (Orth) (Uni. of Bolton)
- MSc in Oral Implantology (Frankfurt University)
- MDSc in Orthodontics & Dentofacial Orthopedics, magna cum laude (UJI, Castellon)
- Fellow International College of Dentists
- Fellow Pierre Fauchard Academy
- Fellow American College of Dentists
- Diplomate International Board of Orthodontics
- Fellow, Diplomate and Master Senior Instructor of International Association for Orthodontics (USA), International Board of Orthodontics Certified
- Chair of Education for International Association of Orthodontics (2019-2022)
- President of International Association of Orthodontics (2015/2016)
- Fellow of American Association for Functional Orthodontics (USA)
- Fellow American Academy of Craniofacial Pain
- Fellow of International Academy of Dento-Facial Esthetics (IADFE)
- Fellow and Diplomate of International Congress of Oral Implantologists (USA)
- Fellow, Diplomate, and International Board Member of the World Academy of Ultrasonic Piezo Surgery
- Fellow, Mastership and Diplomate of International Dental Implant Association
- President of International Dental Implant Association Australia
- International Ambassador and Editorial Board Member of American Academy of Oral Surgery



**A/ PROFESSOR
NARINDER SINGH**

- ENT Specialist Surgeon, Rhinologist
- MBBS (Syd.)
- MS (Syd.)
- FRACS (OHNS)



**ROCHELLE
MCPHERSON**

- Orofacial Myologist
- OM Health



IAADent
International Academy of Advanced Dentistry

IAADent Terms and Conditions-

Privacy Policy: IAADent values your privacy and will NOT give details of any course participants to a third party. Any arrangement/s made between the IAADent course participant and the third party is outside the involvement of IAADent. Any patient information needs to be de-identified if presenting or discussing cases. Only AHPRA Registered Dental Practitioners are to register in IAADent Courses. All Dental Practitioners attending IAADent course/s are required to have current professional indemnity insurance cover. All course participants are to refer to Australian Dental Board Guidelines for Scope of Practice and Scope of Practice Registration Standards and to work within their own scope of practice.

MODULE

LECTURE TOPICS

MODULE 1

24-25 JULY 2026 IN SYDNEY

OR

12-24 AUGUST 2026 IN KENYA (ADDITIONAL COSTS APPLY, CONTACT US)

INTRODUCTION TO SLEEP MEDICINE, NORMAL SLEEP, ABNORMAL SLEEP, EPIDEMIOLOGY
DEFINITIONS OF APNOEA, HYPOPNEA, CENTRAL APNOEA
ANATOMY, SNORING AND UARS
CAUSES OF OSA, EFFECTS OF OSA
BRUXISM, HEADACHES AND TMD
HISTORY
EXAMINATION
INVESTIGATIONS - SLEEP STUDY
INVESTIGATIONS - OPG/CBCT/BLOODS

MODULE 2

25-26 SEPTEMBER 2026

BRUXISM, HEADACHES, AND TMD
CHILDREN AND SLEEP
ENT MANAGEMENT OF OSA IN CHILDREN
ENT MANAGEMENT OF OSA IN ADULTS
INTRODUCTION TO NUTRITIONAL MEDICINE AND SLEEP
MANAGEMENT OF SLEEP & BRUXISM
ROLE OF ORAL MYOLOGY IN OSA IN ADULTS AND CHILDREN

MODULE 3

16-17 OCTOBER 2026

INTRODUCTION TO TEMPOROMANDIBULAR JOINT DYSFUNCTION
PAIN AND RELATIONSHIP WITH TMD
UNDERSTANDING TMJ, ITS FUNCTIONAL ANATOMY, JOINT AND MUSCLE
PATHOLOGIES THAT COMPRISE TMD
UNDERSTANDING PAIN AND FACTORS CONTRIBUTING TO TMD
UNDERSTANDING BRUXISM
TMD WORK-UP (RECORDS); FORMULATE SYSTEMATIC AND WHOLISTIC
TMD MGMT. WORK-UP
DIFFERENTIAL DIAGNOSIS
INTRODUCTION TO SPLINT THERAPY

MODULE 4

13-14 NOVEMBER 2026

SPLINT THERAPY (CONTINUED)
INTRODUCTION TO ADJUNCTIVE THERAPIES
TRIGGER POINTS
LASER THERAPY
ACUPUNCTURE/DRY NEEDLING
BOTULISM TYPE A TOXIN

MODULE 5

11-12 DECEMBER 2026

SPLINT THERAPY AND ADJUSTMENTS
ADJUNCTIVE THERAPIES (CONTINUED)
PHARMACOLOGY
REGENERATIVE MEDICINE
PAIN-SLEEP INTERACTIONS
SLEEP AND NOCICEPTION
MANAGEMENT OF PATIENTS WITH CHRONIC PAIN
AND COMORBID SLEEP ISSUES

NOTE: ALL DATES ARE SUBJECT TO CHANGE. DURING THE COURSE, THERE COULD BE SOME CHANGES TO THE DATES/VENUE/ CONTENTS. SHOULD THIS HAPPEN, YOU WILL BE NOTIFIED VIA EMAIL, IN ADVANCE, REGARDING THE DATE/VENUE CHANGE.

MINI-RESIDENCY IN DENTAL SLEEP MEDICINE & TEMPOROMANDIBULAR JOINT DYSFUNCTION 2026

REGISTRATION FORM

YOUR DETAILS

PLEASE FILL IN ALL DETAILS BELOW

NAME: DR

ADDRESS: _____

PLEASE INCLUDE POST CODE

MOBILE NO: _____

SURGERY PH: _____

EMAIL: _____

I HAVE READ/UNDERSTOOD AND AGREE TO THE TERMS AND CONDITIONS ON PAGE 2 OF THIS PAMPHLET.

DIETARY REQUIREMENTS: _____

REGISTRATION OPTIONS

ALL FEES ARE INCLUSIVE OF GST

YOU MAY SELECT TO EITHER ATTEND ALL 6 MODULES OR INDIVIDUALLY SELECT WHICH MODULES YOU ARE INTERESTED/ABLE TO ATTEND.

ALL 5 MODULES PRE-PAID IN FULL: \$15 125

OR

MODULE 1 (SYDNEY): \$3 025 MODULE 2: \$3 025 MODULE 4: \$3 025

MODULE 1 (KENYA): TBA MODULE 3: \$3 025 MODULE 5: \$3 025

PAYMENT OPTIONS (Tick one)

PLEASE TICK ONE AND FILL IN YOUR DETAILS

DIRECT BANK TRANSFER - PLEASE INCLUDE YOUR NAME (AS ABOVE)
ACCOUNT NAME: IAADENT BSB: 032012 ACCOUNT NUMBER: 000928

PLEASE CHARGE MY CREDIT CARD:

VISA/MASTERCARD (1% SURCHARGE)

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CARD NO: _____ EXPIRY: ____/____/____ CVV: _____

CARDHOLDER NAME: _____

SIGNATURE: _____

\$500 DEPOSIT IS REQUIRED FOR REGISTRATION TO BE CONFIRMED.

CANCELLATION POLICY

IF REGISTRATION IS CANCELLED LESS THAN 4 WEEKS PRIOR TO THE COURSE, A 50% CANCELLATION FEE WILL APPLY. IF CANCELLATION IS WITHIN 2 WEEKS OF COURSE, 100% CANCELLATION FEE WILL APPLY. ALL CANCELLATIONS OR NOTICE OF NON-ATTENDANCE MUST BE MADE, IN WRITING VIA EMAIL, TO ADMIN@IAADENT.COM. WHERE NO WRITTEN NOTICE IS GIVEN, THERE WILL BE NO REFUND ISSUED.

NOTE: ALL DATES ARE SUBJECT TO CHANGE. DURING THE COURSE, THERE COULD BE SOME CHANGES TO THE DATES/VENUE/ CONTENTS. SHOULD THIS HAPPEN, YOU WILL BE NOTIFIED VIA EMAIL, IN ADVANCE, REGARDING THE DATE/VENUE CHANGE.



**INTERNATIONAL ACADEMY OF
ADVANCED DENTISTRY**

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**PLEASE SEND THIS FORM BACK TO
US USING THE DETAILS BELOW AND
WE WILL CONTACT YOU. THANK YOU!**